

Matt,

Your course on Mental Dynamics is something that every USAF Pararescueman or any Tactical Operator for that matter, should have as a mandatory requirement prior to graduating their apprentice course.

The information in your course is excellent of course, but I have to make mention of the obvious expertise, professionalism and teaching abilities of you and Sherrie in unison.

I have been a part of the US Military or Private Military Companies for 25 years; and, I believe that I am an excellent shooter. That being said, I was floored by the absolute new direction Insight took me in my shooting abilities. My shooting foundation was there, but Insight brought me to my Peak Performance with Mental Dynamics.

I can see how this course would be most beneficial for High Speed Operators. To be honest though, I think this would be more beneficial for all military members or patrol officer. To be mentally prepared and know every day you are going to win the fight with extreme accuracy builds a great team and trust in one another.

Please accept my deepest gratitude for the in-depth and patient instruction that you and Sherrie have provided to me over the years, and for your continuing service to the local community, military and law enforcement.

Kyle Ray Sauls  
President/Lead Operator  
Kilo Sierra, LLC